

Attention!

All Pakistani Masters (Men & Women) Weightlifters Interest to Participate

2nd Asian Masters (30 Years and above)

2nd World Masters Grand Prix (35 Years and above)

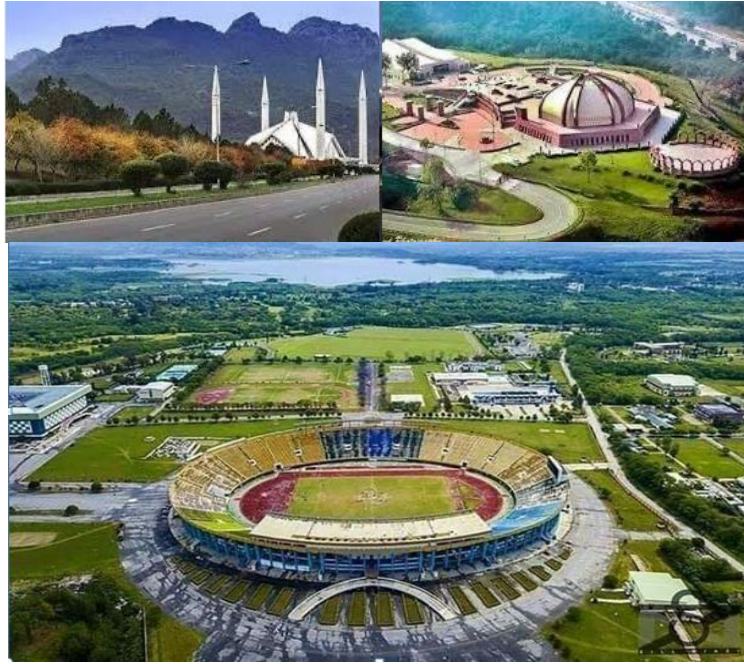
Please register yourself with Pakistan Masters Weightlifting Association at our website

info@pakistanmastersweightliftingassociation.com &

pakmasterswla@yahoo.com with attached Valid Passport, Photograph, weight category and mention your WhatsApp no.

2nd Asian Masters Weightlifting Championships & Grand Prix Dates & Venue Confirmed!

07-11 February, 2026 Islamabad



The Asian Masters Weightlifting Committee is thrilled to announce that the 2nd Asian Masters Weightlifting Championships and Grand Prix will take place from 6–11 February 2026 in the beautiful city of Islamabad, Pakistan!

This prestigious event will bring together masters athletes from across the continent, with more than 50 countries already confirming their intention to participate. Get ready for an unforgettable week of strength, passion, and sportsmanship!

Registration Period:

Opens: 25 August 2025

Closes: 25 November 2025

The Registration Link and Official Regulation Book will be published on the Asian Masters website and shared through our official social media channels before the registration period begins — so stay tuned and mark your calendars!

Islamabad awaits you with its warm hospitality, stunning scenery, and a world-class competition atmosphere. Don't miss your chance to be part of this historic sporting celebration!



Pakistani Masters Contact for registration at:

Email: pakmasterswla@yahoo.com

info@pakistanmastersweightliftingassociation.com

Go to <https://pakistanmastersweightliftingassociation.com>