

1st Asian Masters Weightlifting Championships - BEST LIFTER

MEN

Total	Sn.	C&J	Lot	Name	Team	B.W.	Age	1	2	3	Clean&Jerk			Total	Q- masters	
1	1	1	55	RAHMAN, Majibur	BAN	62.52	83	30	35	35	40	45	47	80	338.502	M80
1	1	1	35	BAGHERI, Yadollah	IRI	72.75	73	45	50	55	55	65	70	120	327.492	M70
1	1	1	14	GHASEMZADEH, Ahmad	IRI	80.05	66	45	53	57	65	75	83	132	285.611	M65
1	1	1	3	MARFOUSSI, Adnan	LBN	91.85	61	85	90	95	110	115	118	208	385.506	M60
1	1	1	32	MASOUD, Soltan Touyeh	IRI	96.65	55	85	100	110	100	110	120	230	375.711	M55
1	1	1	7	MALEKMOHAMMADI, Farzad	IRI	95.95	50	110	120	125	135	142	142	252	380.960	M50
1	1	1	60	ALNASER, Mohammad	KUW	94.58	45	100	105	110	125	135	141	245	350.242	M45
1	1	1	110	MOHSEN RAHIMIPOUR, Moharr	IRI	102.00	40	120	125	137	160	172	180	285	376.082	M40
1	1	1	125	AGAH, Mehdi	IRI	108.00	36	130	137	140	167	174	182	319	395.329	M35
1	1	1	51	FURQAN, Anwar	PAK	88.40	30	133	133	143	160	172	177	315	394.146	M30

WOMEN

Total	Sn.	C&J	Lot	Name	Team	B.W.	Age	1	2	3	Clean&Jerk			Total	Q- masters
1	1	1	118	TAN, Lay Sang	SGP	74.50	59	33	35	-	43	45	-	80	168.354 W55
1	1	1	135	SAHARI, Dumaini Sinamo	INA	46.80	54	45	48	52	58	61	64	112	274.934 W50
1	1	1	155	ALFAHAD, Abrar	KUW	76.36	41	76	78	84	104	108	108	182	256.532 W40
1	1	1	151	MAQSOOD, Nadia	PAK	82.40	37	50	60	67	75	80	87	147	193.014 W35
1	1	2	53	NOUR, Ootubaldeen	KUW	71.40	30	67	73	80	88	95	98	168	216.514 W30